U3A Sapphire Coast January Newsletter





Happy New Year to all

What a beginning to the New Year as holiday makers rush home and borders close and open again -we hope things will soon improve. As our local businesses have been so affected by these closures we urge you to support them.

Wellcome

New Members:

Janet Carswell Gina Hannan Eva Taylor

Jennifer Elliot

Our U3A Sapphire Coast also needs your support. We would greatly appreciate it if those members who have not renewed their membership could do so soon to help U3ASC remain a strong organisation despite the difficulties that COVID19 has brought. We will then be able to continue into 2021 providing the support we brought one another last year.

We welcome new members joining us in 2021. We hope that new and current members will all enjoy participating in our friendly environment and continue to learn through our interesting courses.

Cheers, Sue Fowler, President U3ASC

All of our U3A Sapphire Coast current courses are now available for enrolment online via MyU3A. Both membership reenrolment and individual course enrolment can be done via the U3ASC website www.sapphirecoastu3a.org at the 'Member Log-in' button or the 'Join Now or Renew' button.

Unfortunately, you will see that all our courses that require sharing of equipment are still listed as 'On Hold'. The Management Team has made the decision that with the current NSW COVID-19 restrictions we cannot safely run these courses while maintaining the 1.5m physical distancing requirement.

The Team Office will reopen on Friday 29th January 1.30-3.30 pm for in person reenrolment and course enrolment. Annual membership is \$30.

Welcome back new and returning members to our exciting program.

Linda McMorrow Programs Team Leader

Are you looking to Volunteer with U3ASC this year?

The Programs Team would love some help to keep in touch and support our wonderful course leaders. If you have a few hours free each month to help us keep all our courses running smoothly then please contact our Programs Team leader Linda McMorrow on programs.u3asc1@gmail.com



On behalf of U3ASC we wish to express our condolences to Terese Hamer in the passing of her husband. We are all thinking of you Terese. Sue Fowler

NEW Cryptic Crosswords Course

Weekly for 6 weeks from 1/2/2021

Monday 1 to 3pm @TBC

I have long been an advocate of cryptic clues, saying they are easier than "straight" clues, since there are really two

clues for each answer; one only has to learn to think 'outside the box!' I know of 14 (yes fourteen!) different methods of solving clues and would like to help you know them too. There are many advantages to this kind of activity, among them just using one's brain which must help keep all those cells alive and well. Beryl McGrath

(Editor's note This is great preparation for our exciting new cryptic crosswords appearing each month in the newsletter starting below.)

TECH TIP by Judith Reid

MAIL MERGE



Using 'Word' to mail merge for preparing bulk mailouts, bulk addresses on envelopes etc perhaps for a Christmas mail out. I would prepare a data base with all my required information eg names & addresses beforehand.

Karl sent these 2 YouTube Videos explaining mail merge very clearly & much better than I did! He uses the mail merge Wizard in the clip, which is the same as the instructions on the ribbon bar except it is step by step – Very helpful. This is an earlier version but I have chosen it because it is very simply explained.

There are more recent YouTube versions for Windows 10 but not quite as clear as these.

https://www.youtube.com/watch?v=a41pgPA4Txc

https://www.youtube.com/watch?v=v-k-5vGissQ

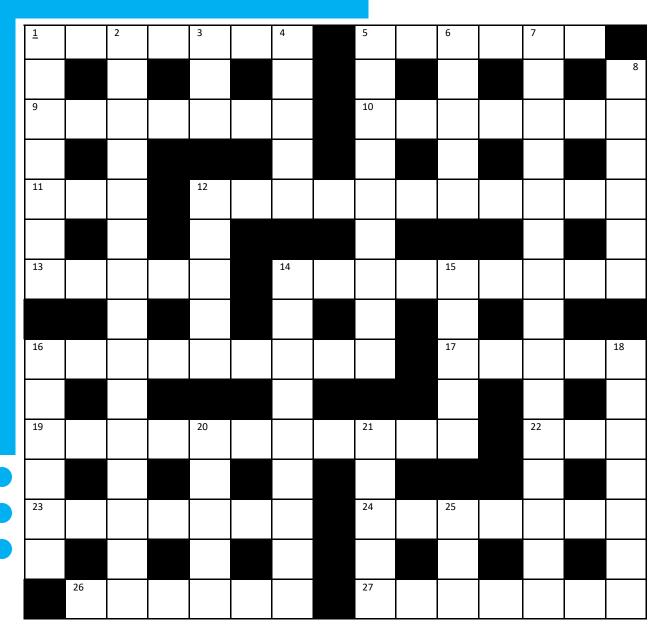
Watch them through first, then have a try yourself.

NEW Cryptic Crosswords

This month we are starting to publish a series of cryptic crosswords developed by one of our members, John Scrivener. John ran a one-off course for us about cryptic crosswords in the days before Covid (BC) and he has spent some valuable times in his Covid year developing crosswords for our enjoyment.

John is a Kiwi who in 1977 took up the Chair of Building at the University of Melbourne. On retirement, he and his wife, Kay, established a lavender farm at Balnarring on the Mornington Peninsula. They left this in 2004 to reside at Pambula Beach. They now live at Tura Beach.

See page 3 for John's January Crossword and for the solution (when you complete the crossword!) see page 6.



NEW CRYPTIC CROSSWORD 201

CROSSWORD 201 - Clues

ACROSS

- 1. Am perceive honour solicit (7)
- 5. Sew lid, perhaps, exercises power (6)
- 9. Fish and strange convenience share transport (3, 4)
- 10. Queues of weird backbone turn and learner (4, 3)
- 11. Alternatives! Heraldic yellow tinctures reportedly terrifies (3)
- 12. Tyrant from I'll do Father (5,6)
- 13. Shaken glandsless 500 for informal speech (5)
- 14. Goes beyond part of old Dutch plantation colony in Guyana and mountain routes (9)
- 16. I spend not strangely the upper and lower bounds of a mathematical interval (9)
- 17. Supports remains (5)
- 19. Eye complaint is a mark of disgrace ending in foggy fog (11)
- 22. River forgets end of judge (3)
- 23. Spring dip of bad snake, mammal and first house (3,4)
- 24. Wanted act contains baronet (7)
- 26. Final organ to make beloved (6)
- 27. Ship swaps start of prize-fighter for the next letter (7)

DOWN

- 1. Change top of signals and counts (7)
- 2. Essential matters for structural engineer constructing tarns in satin dress (6,3,6)
- 3. 'I' for instance nothing (3)
- 4. Greeting from down below zero (5)
- 5. Sheet lightnings or wires containing initial in last day feast (9)
- 6. Boredom in Sapphire Coast and beyond bedridden nuisance (5)
- 7. Two flags when organisations are treated differently when they should have been treated the same way (6,9)
- 8. Seizes without right to spur us around (6)
- 12. Dominating a horse rope without exercise (5)
- 14. A star with bad breath spotted at Bondi (9)
- 15. Fool in the morning found in India (5)
- 16. The passing of time, strange thank you! (6)
- 18. Rough swiftness north, right good person for the economy in the pandemic! (7)
- 20. A thousand plunder fruit (5)
- 21. Take away start of elemental table! Pertaining to a halogen (5)
- 25. Former money from the southern part of France (3)

Slow Food Group Event

The first of the Slow Gatherings, at Wheelers Restaurant on 9/12/20, was a huge success. The event was organised and presented by Tracy Fleming and Jon Webb. They did a great job of ensuring the 50 guests had a good time.

All of the six taster dishes promoted some or several principles of the global slow food movement, in particular: to give access to and enjoyment of food that is good for us, good for those who grow it and good for the planet! The 'pea shooter with tiger prawn' seemed to be a much acclaimed favourite!

More events are in the planning for 2021. If you are interested in becoming involved, please contact

Tracy or Jon: <u>slowfoodsapphirecoast@gmail.com</u>

Fleur Dwyer

From left to right: Judy Riorden (guest); Paul West(guest speaker), Jon Webb & Tracey Fleming (organisers)



U3A Christmas Adventure Walk & Lunch 3rd December 2020

A group of nearly 20 walkers met the leaders, Kerrie Dean and Ann Wykes, at Tura Beach Golf Club for a 9am start. There was a brisk wind from the north but as soon as we started walking we were protected. We walked down the edge of the golf course and as we approached the ocean we joined the Mundooi Walking Track. Mundooi means 'to walk with your feet in the Dhurga language". The walk was through bushland rich with a variety of native plants including remnant patches of rainforest. There are beautiful views over Back Lake and sweeping views over the ocean at vantage points where we stopped.

We walked behind the sand dunes to Short Point, then retraced our steps to walk around the north-western side of Back Lake up into Mirador before returning via the track to Tura Beach Club House. We then all enjoyed our Christmas lunch together at the Club House. Thanks to the staff & management at Tura Beach Country Club for making us so welcome. Ann Wykes



Expressions of Interest

- Wendy Colhoun would like to know if new people are interested in joining the course, *Take Your Brain Dancing*. It is being held at the Uniting Church in Merimbula on Wednesday afternoons at 1pm. Please contact Wendy at wendycolhoun@bigpond.com
- We are still looking for a leader or leaders to coordinate the Mahjong (Monday class) when it eventually restarts when Covid restrictions ease. If we have no leaders the class will be cancelled.



U3A Gourmet Travellers' Christmas Party.

Santa Claus was a great attraction at the U3A Gourmet Travellers' Christmas Party Lunch held on December 11 at Kianinny Park Cabins and Resort on Evans Hill, Tathra. Santa's arrival was a totally unexpected novelty as, accompanied by resort manager Andrew, he was rowed by kayak across the lake to be met at the jetty by his favourite elf, Margaret. She escorted the bell ringing, colourful, jolly personage up the jetty, through the garden and into the restaurant to join a lively gathering of 25 members and some guests.

Before handing out presents Santa asked all in turn "Have you been good?" With an affirmative, each person received a present. After the frivolity, a lovely lunch was enjoyed with fine wine selected from the bar.

A special thanks to Heather, our perfect Santa, and to Andrew and all the wonderful staff of Kianinny Park Resort for such a lovely, happy welcome.

Just as all good stories should end, as Santa was leaving, a bus was loading up junior school children after their own excursion and to see Santa nearby made their day.

Margaret Evans,

U3ASC Course Leader Gourmet Traveller

CROSSWORD 201 ANSWERS

ACROSS

- 1. Beseech 5. Wields 9. Car pool 10. Line ups 11.Ors 12. Adolf Hitler
- 13. Slang 14. Surpasses 16. Endpoints 17. Stays 19. Astigmatism
- 22. Dee 23. Spa bath 24. Desired 26. Endear 27. Cruiser

DOWN

- 1. Reckons 2. Stress and strain 3. Ego 4. Hello 5. Wildfires 6. Ennui
- 7. Double standards 8. Usurps 12. Aggro 14. Sunbather 15. Assam
- 16. Elapse 18. Spender 20. Grape 21. lodic 25. Sou





Left: Gourmet Travellers' Christmas

Event

Right: Slow Food Group Event



<u>Contributions & Feedback</u> to the Newsletter can be sent to the Newsletter Team by the 1st week of every month send by email to either:

Patricia: u3ascoffice8@gmail.com or Elizabeth: eastacey@bigpond.net.au



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