

U3A Sapphire Coast

February 2021 Newsletter



PRESIDENT'S MESSAGE

Welcome back to the start of the 2021 season, we are confident that more and more courses will become available as COVID restrictions start to ease.

To provide courses to our members we need course leaders and we are now, once again, asking members to step up and volunteer. Please consider your hobbies and interests that other members would enjoy sharing and learning about either weekly, monthly or as a one-off presentation. Members of our Program Team are happy to discuss ideas with you.

Other ways to help U3ASC continue in these difficult times would be to provide a service to one of our committees, such as the Programs Team, Newsletter Team, Publicity Team or Administration Team.

Our Annual General Meeting will be held at the Merimbula RSL on 10th March 2021.

At this meeting we will be required to nominate and fill vacancies on the Management team. The Treasurer and Secretary are both retiring after volunteering their service for many years and these positions are an integral part of the running of U3A. There will also be other positions to be filled on various teams.

WE NEED MEMBERS TO NOMINATE FOR VACANCIES AS WITHOUT POSITIONS BEING FILLED U3ASC WILL NOT BE ABLE TO CONTINUE. WE NEED YOUR HELP NOW.

Looking forward to a successful 2021 U3ASC year.
Sue Fowler

U3ASC TURA BEACH CENTRE QR CODE

U3A Sapphire Coast is now a registered COVID-19 safe venue and as such the Management Team asks all members and visitors who have smart phones and enter the Tura Beach Centre to check in using the NSW Service COVID Safe Check-In App. Using this App enables quick contact tracing if needed. We also ask you to continue filling in the regular class sign in sheets as well as they are used for U3A attendance information.



As always, we do ask our members that if they have been to a hot spot or in contact with someone with COVID-19 to please refrain from coming to classes for 14 days and to get COVID-19 tested.



U3A SAPPHIRE COAST AGM

Our Annual General Meeting will be held on Wednesday, 10 March, 2021 at 10:00am in the Lantern Inn Room at Merimbula RSL.

Members will be responsible for purchasing their own food and beverages due to the current Covid arrangements.

Carolyn Smith
Secretary



Welcome

New Members:

Suzette Fullerton

Helen Williamson

Marcela Vitouchova

Linda Jackson

Course Leader Profile—Jane Thomson—The Writing Group (all genres)



1. How did you acquire your passion for writing?

I think I was born composing the opening sentence of my first novel. I'm mesmerised by stories (so much so that I even finish terrible books just to see what happened). To me, communicating in writing is as natural as swimming, not that I'm a great swimmer (or writer).

2. What is it about course leading which continues to encourage/challenge you?

I've only just started this year as course leader, but the writing group has been going for a while. We all share a desire to communicate our passions, humour, experiences and whimsy via the written word. I really enjoy contributing my technical skills and experience, but the best thing about the group is the way we all encourage and help each other to be better, more engaging writers.

3. What motivates you as a Course Leader?

I guess, like a person who works with fine wood, I have a fundamental respect and love for the shaping of words. Think of all the things you can do with them – turn them into poems, ignite revolutions, put them on the stage, make someone cry, make someone remember. I want to share that.

4. How long have you been associated with U3A Sapphire Coast?

I moved down to the hinterland in 2016 and got involved in 2018. It's been a great way to meet people and make friends. Being in the writing group, in particular, helps me to refresh my writing perspective and – just keep at it through the demands of everyday life!

U3ASC ADVENTURE WALKING

Boydton to Whale Beach with Kerrie and Anne

4 February 2021

What an amazing day! With the great weather enticing us outdoors, it was a perfect day for a walk from the historic Seahorse Inn at Boydton. Twenty-six happy walkers set off for a two hour walk along Boydton beach and eventually back to the Seahorse Inn car park.

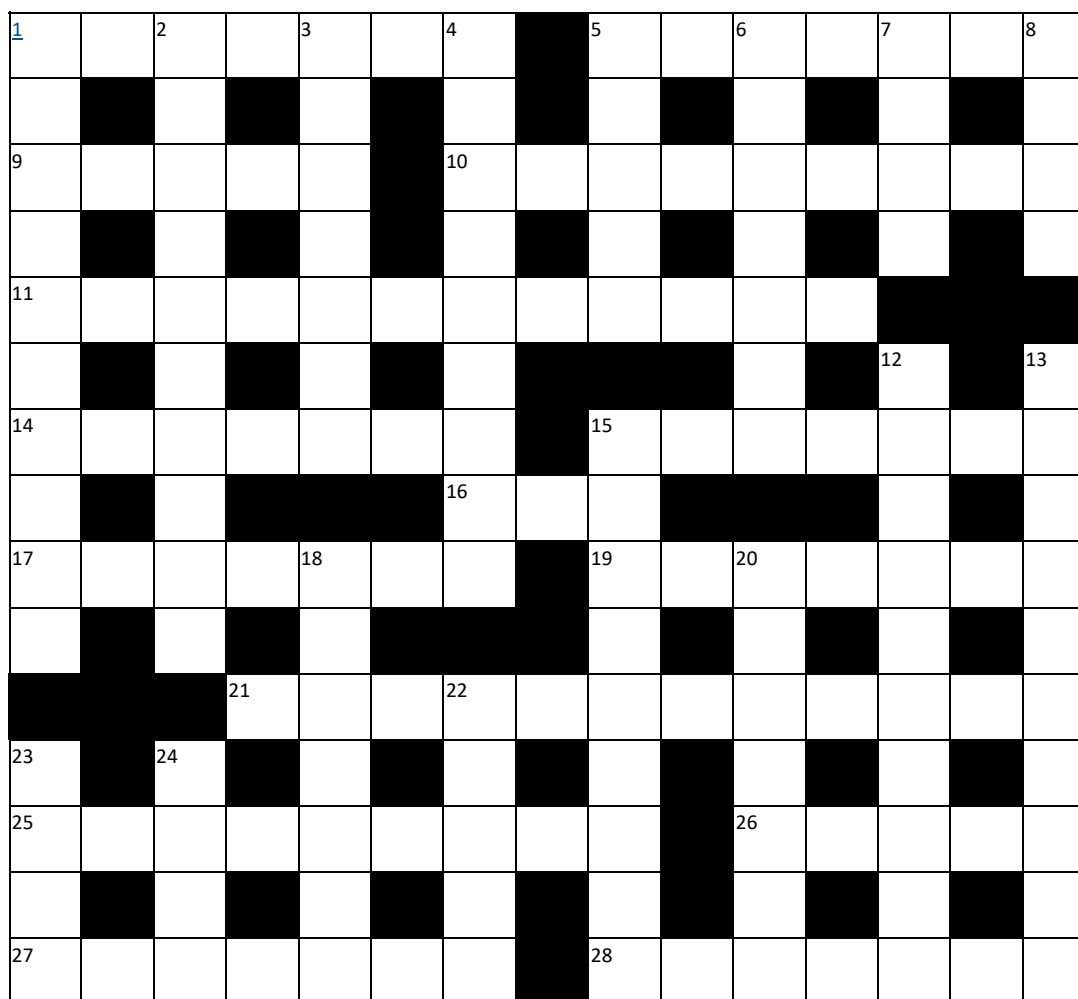
Clambering over rocks and avoiding the tide was an adrenalin boost for some. Thanks to Jeff and Ian who helped those who needed it climb up and down the seaside rocks. This help was much appreciated on the often-challenging terrain. However, this didn't detract from the walk to Moutries Beach where we saw the memorial to William Williams – a popular figure in Eden's history. On the walk to Towamba/Kiah inlet, we could see the impact on the coastline of the high 2020 ocean swells. After a well-earned break, we took a long and gradual climb through farmland and the forest road, before heading down again past Boydton houses and back again to the Seahorse Inn car park. Most then enjoyed a pleasant morning tea at the Inn.

Thanks to Kerrie and Anne for organising a very enjoyable morning's recreation.

Dr Helen LANGE



CROSSWORD 202 – by JOHN SCRIVENER



CROSSWORD 202 CLUES

ACROSS

1. Strenuously mix a soldier fronting a gallery (7)
5. Implement ten inside us I'll shorten (7)
9. Mechanically writes classes (5)
10. Sieve double ten, perhaps, is thorough (9)
11. Famous song and former British sitcom maybe since period departs beside! (2,4,4,2)
14. Long locks or strange electronic accent (7)
15. He crone! Encourage with shouts (5,2)
16. I'm great! And I start eagerly going over (3)
17. Empty you in Paris holds current and turn (7)
19. Much liked nil trench without church (5,2)
21. A stormy storm with the French coin is huge! (12)
25. Put off start day and early with agitation (9)
26. Passing the bounds of what is usual within about region (5)
27. Thoroughfares from mix of 14 with an 's' replacing a 't' (7)
28. Cinders McLeod's children's book from stipend (5,2)

DOWN

1. Very pleasant at parcel of land I have (10)
2. I am commencing card game with restlessness (10)
3. Takes for granted but fool shows irritation after losing start (7)
4. Sire's gene is in active operation (9)
5. I tune loosen (5)
6. Dignify swollen end with bone perhaps (7)
7. Spoken from platform (4)
8. Fall back back sly glance! (4)
12. Declared pre-died surrounding feline (10)
13. Lament off after this month paying single portion of debt, say (10)
15. Inner inflammation from coins toil (9)
18. See backward smell dishing up (7)
20. Flower container holding low to depart quickly (7)
22. Studies, I say, wet grass! (5)
23. Off-side! The day to march in to settle your Roman debts! (4)
24. From distance begin a fence and rail (4)



U3ASC VOLUNTEERING – 2021

U3ASC was established in 2003 by retirees from the 'baby boomer' age. U3A volunteers traditionally met the needs of local communities. Volunteering in a U3A organisation naturally followed the community models of the '70s - a formalised hierarchical structure where a management board ran the show. We do, however, live in an evolving new world in which the age demographic of U3A members plays an important role. Today's U3A is managed by several teams, each having their responsibilities so it is not too onerous.

My research showed that the nature of volunteering has also changed. Women in particular want to provide social activities that involve them in communities with similar interests, including climate change, politics, book writing, local governance issues and a raft of recreational activities that are the pulse of regional rural activities. I joined in 2013 and met a vibrant community with a wide range of interesting courses, activities and opportunities for exploring new ideas and activities.

Over the years overall organisation of U3A has changed. I saw it restructured under a collaborative, flexible social gathering where new ideas and voluntary inputs were welcomed within a different ethos. U3A organisations are currently based on volunteering for all its functions including its office hub.

Post-Covid work-places are going to be very different when life gets back to normal. Technology will play a much larger role, and workplaces will integrate home and work activities. In the same way U3ASC has had to adapt. Some courses have continued throughout the pandemic, thanks to technology.

The vision and implementation of the U3A's goals and activities is a collaborative venture. Team leaders undertake the programs, and the overall vision and goals of the organisation are delivered by volunteers who encourage and support new members to meet their own aspirations within the organisations. It is a grass-roots endeavour. U3ASC aims to help its members experience health and wellbeing as they engage in helping their community to thrive and flourish.

Nanette Kennedy
U3ASC, January, 2021

CROSSWORD 201 CORRECTION

1. DOWN should read 'Change top of counts for signals'

and the answer for 1. DOWN should be 'Beckons'

(Just checking to see if you were paying attention!)



PAUL DANES will be running a new **SONG WRITING** course.

Keep an eye out for this on the U3ASC website!



Contributions & Feedback to the Newsletter can be sent to the Newsletter Team by the 1st week of every month send by email to either:
Patricia: u3asoffice8@gmail.com or
Elizabeth: eastacey@bigpond.net.au

CROSSWORD 202 ANSWERS

ACROSS

1. Agitate 5. Utensil 9. Types 10. Extensive
11. As time goes by 14. Tresses 15. Cheer on 16. Ego
17. Vacuous 19. Loved it 21. Astronomical 25. Deferment
26. Outre 27. Streets 28. Spend it

DOWN

1. Attractive 2. Impatience 3. Assumes 4. Energises 5. Untie
6. Ennoble 7. Said 8. Leer 12. Predicated 13. Instalment
15. Colonitis 18. Observe 20. Vamoose 22. Reeds 23. Ides
24. Afar



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