

# U3A Sapphire Coast

## November 2021

### Newsletter



## Welcome

New Members:

Margaret Neave

Val McIntosh

#### PRESIDENT'S REPORT



Halloween can be a time to enjoy with some of the family and I hope you all had a chance to spend time with your families. Next, summer and more restrictions lifting on December 1 and then Christmas. Exciting and happier times ahead. Merimbula is coming alive with Aldi, Mitre 10, and Ripcurl all opening new stores.

Unfortunately, U3ASC will not be holding a Christmas Party this year. We were unable to attract any volunteers to help organise the event and though I endeavoured to take on the role I realised that in this present climate it was all too hard. Venues required numbers, but were unsure of how many people they would be permitted to have in their venues after December 1. It would have needed to be a sit-down event with a meal provided and the cost was prohibitive. Due to the reduced membership this year we feel we are not in a position financially to fund the event at this time.

It was then suggested that we hold the Christmas Party outside. However, this also brought with it problems like weather and a venue and catering.

We are now looking forward to the new year and the possibility of holding a "Welcome back to U3ASC" at the beginning of the semester. By then we should have an indication of the number of members that have renewed membership and we will be more aware of Covid restrictions.

We suggest that individual courses hold their own get together for Christmas, this year.

The management team has decided to keep the kitchen at the Tura Beach Centre closed until 2022.

Be happy and stay safe.

Sue Fowler



#### 2022 MEMBERSHIP RENEWAL

You are now invited to renew your membership for 2022. You can do this online by clicking on the "Join Now or Renew" button on the U3ASC Website: <https://www.sapphirecoastu3a.org/>

Once you renew your membership, you will be able to enrol in 2022 Classes from 1/12/2021.

Favourite Classes from 2021 will be continuing on, and many new opportunities will be available as well.

Classes fill on a first-come-first-served basis, so the earlier you renew and enrol the better chance you have of getting into your preferred Class/es.

### WE'RE BACK!

This month's Newsletter is featuring classes that have resumed, now that Covid restrictions have been lifted, and some new courses as well. Plans for 2022 are also being revealed.

## THE WRITING GROUP



After what seemed like a gazillion weeks on Zoom, the Writers' Group is now meeting again in person at the delightful Potaroo Palace cafe near Merimbula on Tuesdays from 1pm until 3pm.

A shout out to all you poets, memoirists, storytellers and wordsmiths - some of our members having moved away etc, we've got room for (up to) another five writers or so, so if you love sharing stories and taking your imagination out for a wander, feel free to contact Jane on [englishrose659@hotmail.com](mailto:englishrose659@hotmail.com).

We'll also be on the lookout for a new course leader from around March 2022, as Jane's hoping to head off overseas (naturally, she'll be blogging back her adventures). If you're interested, contact Jane.

Jane Thomson, Course Leader

## SOCIABLE SCRABBLE

Hi, we meet on Wednesday afternoon at 1.30 to 4.30. We cater for good to excellent players, and our rules include using 2 and 3 letter word lists, and an up-to-date Scrabble Dictionary.

We would welcome 2 or 3 new players, in this friendly competitive group. At the moment we are meeting at Wolumla.

Thanks,  
Jennie Smith, Course Leader



## MONTHLY MID-WEEK FILM GROUP.

(Film available: <https://www.sbs.com.au/ondemand/movie/facesplaces/1911251011521>)



This month our small diehard group of film lovers watched *Faces, Places* a French documentary that celebrates village life in France and the people who live in them. Two unlikely travel companions, Agnes Varda, a 1955 New Wave film maker and JR, a younger artist who specialises in photography and public art, travel together in JR's van that doubles as a photo booth exploring faces and places of French village life. JR creates huge posters from their photographs and they paste these images on buildings, silos, trains and shipping containers as public art celebrating the life of the people they meet on their travels. The general consensus was one of delight as everyone thoroughly enjoyed this uplifting film.

Next month (November, our last session for the year) we'll remain on Zoom but revert back to our prior time slot of 5.00 pm. I'll send details and links closer to the date – 24<sup>th</sup> November, 2021.

Kaye, Wal and Sylvie

[kayeseparovic@gmail.com](mailto:kayeseparovic@gmail.com)

## CORRECTION

Due to a technical glitch in the October Newsletter, John Fuary's Arabic sign off did not display correctly. (Actually, we were really just testing the skills of John's course participants!) Our sincere apologies to John - It should have read:

John Fuary

الجُبْنُ الْكَبِيرُ (The Big Cheese)

## NEW ONE-OFFS TERM 4

For those of you looking for something new to keep your brains and bodies working, check out the program for two upcoming one-offs, and a possible third, this term.

### 1. Introducing *On the Wing*, poetry by Kaye Separovic

Kaye's book *On the Wing* has been published recently by Rebel Magic Books. Kaye will read a few poems, discuss her motivation for writing them and answer all your questions. The session will be at 3.15 pm at the Tura Beach Centre on Thursday 9 December. You can contact Kaye at [kayeseparovic@gmail.com](mailto:kayeseparovic@gmail.com) if you have any questions or see next page for further details.

### 2. A Walk down Memory Lane

Peter Lacey, President of the South Coast History Society, will lead a walking tour of Bega and reveal the fascinating secrets of the town's history on Friday 3 December. The walk will start at 9.30 and will finish with a free cuppa at a Bega cafe at around 11.00.

Bookings for this are essential as numbers are limited. Check the program for further details, and direct any questions to Sandy Coates on 0416228211.

### 3. The Best of Bertrand Russell - the People's Philosopher

This talk, by Paul Strutynski, aims to introduce you to 'one of the most delightful and easily understood philosophers writing in the English language'. It promises no-hard-to-grapple-with philosophical theories or concepts and invites you instead 'to sit back and (hopefully) admire the mind of a smart, warm, compassionate - and still highly relevant - thinker'.

The talk hasn't been scheduled yet, in case there is not enough interest, so if you are interested, email Paul asap at [paul.strutynski@gmail.com](mailto:paul.strutynski@gmail.com) and tell him to pick a date.



Come and meet Peter Lacey, President of the South Coast History Society who simply wishes to share the fascinating history of the NSW South Coast.

His most recent efforts have been working on a joint project with the Bega Valley Historical Society to assemble an updated history of the Bega township which is partly revealed on his **Carp Street** walking tour.

One of Peter's historical snippets:

"There were once nine pubs in Bega. Four were closed down just before World War I, following a vote by the town's residents. One was the Occidental Hotel (where the Grand Hotel is today) and it became a Temperance Hotel serving tea, coffee, meals and providing accommodation - but it became a pub with no beer!"



The Temperance Hotel



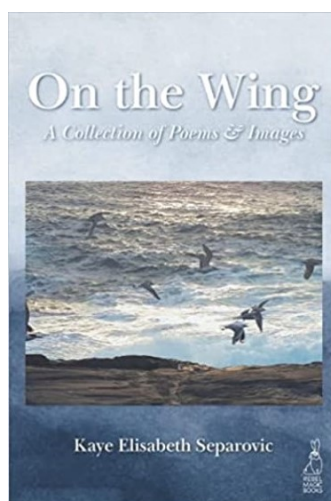
## ONE-OFF – Readings from 'On the Wing' poetry collection.

When: 9th December, Thursday @ 3.15 pm

Where: U3asc Tura Beach Centre.

Cost: \$3.00 Members may bring their own afternoon tea.

Proof of double vaccination required for entry.



Come and join us as we read and discuss a selection of poems from the 'On the Wing' poetry collection published recently by U3ASC member, Kaye Separovic.

Kaye will answer your questions and provide background to the poems and her motivation for writing them.

*"Kaye Separovic gives the reader the mature woman's experience within our current world – a fortress of solitude – another day of excess – recreating oneself – fragile skin, laughter lines – the passing of human time – the angst of mothering. Relatable, the poet is a blessing in illuminating our own imprecise sentiments, illustrating our personal canvas, enabling us to witness ourselves"* Rebel Magic Books.

## COURSE LEADER PROFILE— KAYE SEPAROVIC



For most of my adult working life I was employed by Macquarie University, Sydney as an administrator of the Postgraduate Diploma in Psychology program (since axed), an alternative to the Honours program for those students with a slightly lower GPA (grade point average). This position also involved running the Psychology Test Library with a great colleague and the pastoral care of students as they progressed through their undergraduate and postgraduate candidature. I also tutored students, primarily in Critical and Cultural Studies which was fun and challenging. So I was familiar with teaching and Universities and joining U3A Sapphire Coast seemed like a logical step.

As soon as we moved to the Sapphire Coast almost 5 years ago, I joined U3A and the Programs Team with the encouragement provided by the then President, Fleur Dwyer, who nominated me for Leader of the Team, so I quickly became heavily involved! As Team Leader, I came to appreciate the role of course leaders and the knowledge and skills they are happy to share with members.

As I have an enormous DVD collection of favourite films, I thought a film group could be a fun way of sharing and discussing films with interested members. I have always been passionate about the arts in all its creative manifestations, addicted as I am to the love of language, art and literature.

What I like most about being a Course Leader is listening to how members respond and interpret the films. It is this diverse feedback that motivates and inspires me as a Course Leader and the group has also introduced me to films I may not have chosen to watch, providing me with new learning and new enjoyment.

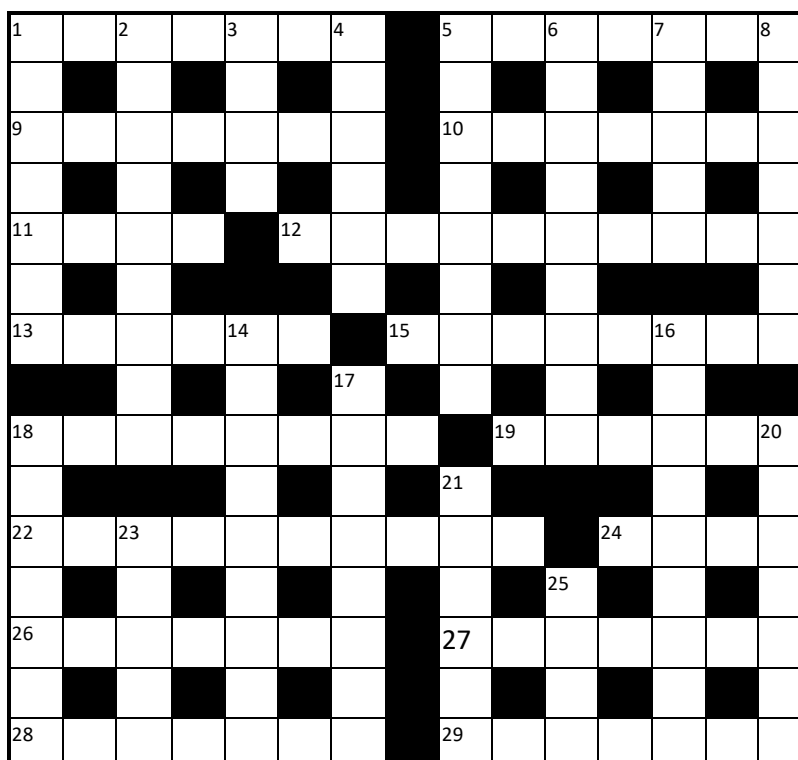
Kaye Separovic, Course Leader Monthly Midweek Film Group.

## TRIVIA QUIZ by BRIDGET O'HANLON

1. 'Houston we have a problem.' Is a tagline from which 1995 film?
2. What is Anhedonia?
3. The USA is the third most populous country in the world. If it had a billion more people it would still be the third most populous. True / False?
4. A method of wireless connection technology is named after a Danish King who died in 986, and whose initials comprise its logo. What is its name ?
5. How many bridges cross the Amazon River - 0, 15, 50, or 130?
6. In terms of Long Distance Running, there is no animal that can outrun a human. True / False?
7. From 1746 to 1996, until the precedent was overturned, the ..... were considered, by British Law to be not a musical instrument but a weapon of war?
8. Diego Maradona died of a heart attack in 2020. How old was he?
9. What is a baby porcupine called?
10. Where in the body would you find the glabella?



## CRYPTIC CROSSWORD 2011 by JOHN SCRIVENER



Check out next month's  
Newsletter for the answers to  
this Crossword.

### CROSSWORD 2011 CLUES

#### ACROSS

1. Trick opening RC school (7)
5. Magistrate meets the Queen's vessels (7)
9. Learned edit rue (7)
10. Straddling disaster without safety first (7)
11. End with spin is not recommended (4)
12. Girl of small magnitude fern (10)
13. Work up in new form about jumble (6)
15. Contacted a spoken number of a figure of speech (8)
18. Mink teas wrongly conceived (8)
19. Meanest missing energy of flower organ (6)
22. Without opportunity near the altar directions (10)
24. Chase the Everest expedition leader (4)
26. Will the school remember her? Should we rig the doll about? (3,4)
27. Engrave maybe? She punishes in reprisal (7)
28. Mother of Richard 1 from Orleans with one direction changed (7)
29. Charm of the Royal Navy lathe (7)

#### DOWN

1. Designer of building or crate (7)
2. Promotes with sour shine (9)
3. Discharge time flies (4)
4. Greek letters form taste hour (6)
5. Trademark recently arrived and just bought (5-3)
6. Concomitant at look after worker (9)
7. She is Heather (5)
8. Small auditor essential at a sheep farm (7)
14. Not chains for post (9)
16. Amateur actor leads citizen (of Calais perhaps) who discards hotel for popular food (9)
17. Loosely woven with airholes but it incorporates leading undergarments largely in basement (8)
18. Germ of an instrument to enlarge sound and garment (7)
20. Luna art free from affectation (7)
21. Top-wear in directions but garden get-away in the bush (6)
23. To confuse not small part of harness (5)
25. The main substance of an argument but maybe tame (4)

## WORDS AND MUSIC FOR SENIORS AT TURA BEACH LIBRARY

Bega Valley Shire Library invites senior members of the community to a new free monthly event, *Words & Music*, starting on **Friday 5 November** at the Tura Marrang Library.

"*Words & Music* participants will be able to discuss books, films and music around a common theme or era, and be entertained by local musicians and performers," Library Services Coordinator, Megan Jordan-Jones said.

"It's a unique program to bring seniors together to enjoy some company and be entertained.

"Morning tea will be provided, and free transport is available for those who need it."

Ms Jordan-Jones said participants can take home books to read or DVDs to watch before the following month's program and choose from the library's collection to further their reading.

"We are always looking for new ways to engage with the community and our hope is that *Words & Music* will provide plenty of discussion, music and fun, in a friendly and welcoming environment," she said.

"We are still recovering from COVID-19 lockdown and isolation, particularly some of our senior citizens.

"This wonderful program will help dust off the cobwebs and revive our spirits."

In alignment with the NSW Government's roadmap and health advice, participants over 16 years old will need to be fully vaccinated to access the library.

People wanting to attend the inaugural *Words & Music* event can book a spot by phoning Tura Marrang Library on (02) 6499 2340 or book online: <https://www.eventbrite.com.au/e/words-and-music-tura-marrang-library-tickets-162001897035>

To be held on the first Friday of each month, *Words & Music* is funded under the NSW Government's Reducing Social Isolation for Seniors Grant Program.

### ANY NEW VOLUNTEERS OUT THERE?

The Program Team is already looking ahead to 2022 and, like everyone, we're hoping for a better year. We would dearly love to offer some new courses/activities to give our members a wider range of choices (and maybe to attract back some of those who left us during the past two years). But we can't do that without people putting their hands up to offer, and then lead a course. If you have any interests at all that you think might also be of interest to other members, please consider offering to share them in 2022. You can do it as a short, one-off event; a short course of several weeks; or a long-running course. The Program Team will help and support you every step of the way and you'll probably find as all of our course leaders do, that it's a really enjoyable and satisfying experience. If you're willing, or if you, or anyone you know, has an idea for a course, please contact Sue O'Loughlin at [sue.oloughlin@gmail.com](mailto:sue.oloughlin@gmail.com).

Sue O'Loughlin, Program Team Leader.

I am hoping to start up another Italian for Beginners class in 2022. It is a 2 year program and class numbers will be restricted to 8. I will most likely hold it on a Tuesday afternoon depending on room availability.  
Teresa Hamer





## INTRODUCTION TO LAWN BOWLS

Our first Introduction to the Lawn Bowls Course was completed on November 5, and was enjoyed by all; the participants endured wind, rain and sunshine with smiles on their faces.

Thanks must go to Rob Reeve, one of the coaches at Tura Beach Country Club, for providing us with excellent instruction in all the basic knowledge to get started in lawn bowls. Lessons covered included explanations of bowling jargon, how to roll a jack, selecting the correct bowl, how to score, different formats of play and the way forward to continue playing bowls. The participants are keen to continue their bowls journey and are planning to practise as a group before participating in any social competitions.

If you are interested in learning a new sport, the next Introduction to Lawn Bowls is planned for March, 2022.

Ray Redman, Course Leader.



Crossing the creek

U3A Bushwalkers' Fashion Parade



## U3A ADVENTURE WALKING GROUP - NOVEMBER WALK

Despite the gloomy forecast of 20-40mls of rain for the day, our November Adventure Walk went ahead, with a group diminished in size, but not enthusiasm. Who'd have thought umbrellas and bushwalking would go together!

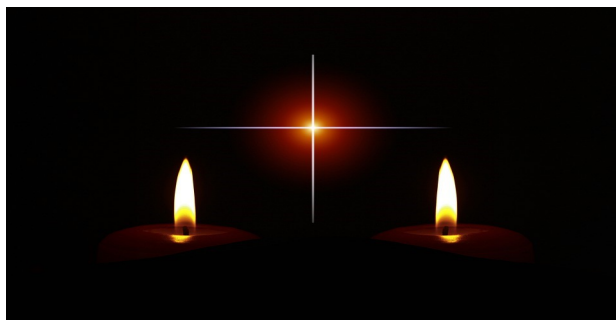
The walk took in the Sandy Creek Loop, beginning and ending at the Bournda Lagoon carpark, first climbing to the rocky outcrop lookout over the creek towards Bournda Island, before descending through bushland to follow the creek bank. With the creek flowing a little higher than originally anticipated, it was to be a knee-deep crossing – but hey, this is an adventure walking group.

Our track then led us to the North Tura carpark and lookout, before returning along the coastline past Bournda Island. The heavy rain never really arrived, allowing us a pleasant stroll through the light drizzle and an appreciation of how beautifully our environment can respond to the changing conditions.

Jeff Haynes

### VALE BERNARD SHEA

Members of the Writing Group are very grieved at the recent death of Bernard Shea, who has been a member since the group started over four years ago. We shared our reminiscences of Bernard at our last meeting, and all remember him as a kind, courteous man with a dry sense of humour and a love of detail, especially regarding old cars. He was often generous, bringing in flowers for everyone from his own garden and helping out with group organisational tasks, and his good humour and ability to laugh at himself endeared him to all of us. We'll miss him greatly and think of him often - vale Bernard.



### VALE KAY BROWN

I'm sorry to advise that Kay Brown, a member of U3A, has died. Her family has asked that I contact U3A members to let them know. Kay was in the Italian for Beginners 2 group and she also studied Linguistics.

Teresa Hamer

### TRIVIA QUIZ ANSWERS

1. Apollo 13
2. Inability to gain enjoyment from anything
3. True
4. Bluetooth (Harold 'Bluetooth' Gormsson)
5. 0
6. True
7. Bagpipes
8. 60 years old
9. Porcupette
10. The space between the eyebrows

### OCTOBER CROSSWORD 2010 ANSWERS

#### ACROSS

1. Paralysis 6. Sweep 9. Sniffer 10. Entreat 11. Ramshackle  
12. Mere 14. Inanely 15. Piston 18. Oyster 20. Placebo  
24. Sack 25. Contention 27. Nourish 28. Younger 29. Ember  
30. Creatures

#### DOWN

1. Pastry 2. Railman 3. Left-handed 4. Strickle 5. Steely  
6. Sate 7. Element 8. Patterns 13. Misconduct 16. Nonsense  
17. Flat tyre 19. Succumb 21. Bringer 22. Gothic 23. Snares  
26. Bier

#### U3ASC MANAGEMENT TEAM

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**Contributions & Feedback** to the Newsletter can be sent to the Newsletter Team by the 1st week of every month. Send by email to either:  
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