

THE UNIVERSITY OF THE THIRD AGE

Offers all seniors a variety of intellectually stimulating programs to acquire new knowledge in an informal, friendly atmosphere.

I always wanted to learn about...

Cooking

Crafts

History

Computers

Languages

Literature

Card games

Music

Science

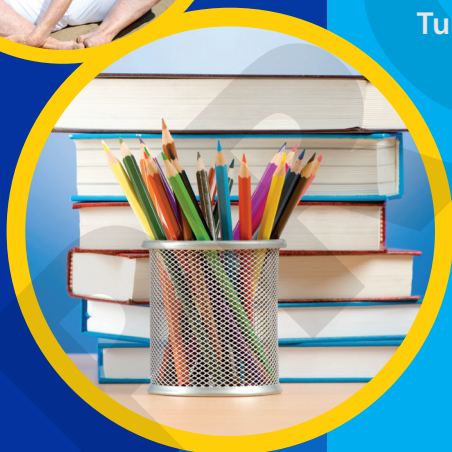
I always wanted to do...

Art

Aquarobics

Local excursions

Yoga



IF YOU BELIEVE YOU ARE NEVER TOO OLD TO LEARN, U3A IS FOR YOU

Venues for activities vary, from members' homes to community facilities such as church or council halls, or our premises at Tura Beach.

We have members across the Bega Valley Shire and beyond.

Find us at:

Website: u3asapphire.wikispaces.com

Mail: PO Box 798, Merimbula 2548

Email: u3ascmemreg@gmail.com

U3A Centre, Shop 4
Tura Beach Shopping Centre



– SAPPHIRE COAST –



Learning to Love Life

Now is the time...

To keep an active mind & body

Enjoy something different

Meet new friends

u3asapphire.wikispaces.com



WHAT IS U3A?

U3A stands for “**University of the Third Age**”. It’s a popular international movement originating in France, where retired people in their “Third Age”, from all walks of life get together to teach and learn from each other.

The term “University” is still used, but only in the original sense of the word. That is ‘a coming together of like-minded people with a common interest in learning’. There are no qualifications required or given.

The “**Third Age**” refers to the time of active retirement after childhood and employment.



U3A SAPPHIRE COAST

About to Retire?
Newly Retired?
Retired but not Retiring?

Whatever your interest, there is bound to be a course for you!

With over 40 courses on a variety of topics U3A Sapphire Coast provides mental, physical and intellectual stimulation in a friendly group setting to keep us young and alert in mind and spirit.

Join U3A Sapphire Coast and become part of a group providing older people (not in full time employment) with opportunities to broaden their horizons, to be involved in new learning experiences and to share skills and knowledge.

All Course Leaders and Committee Members are volunteers.

Members may enrol in as many courses as they wish.



TO JOIN U3A SAPPHIRE COAST

Please fill out an application form available at U3A Centre, Tura Beach or download from u3asapphire.wikispaces.com

Send payment to:

Attention: TREASURER

U3A Sapphire Coast
PO Box 798,
Merimbula NSW 2548

Or pay online (details on application form).

Complimentary two visits before joining.